

Cayucos Senior Center and Thrift Shop

200 Ocean Avenue, Cayucos, Ca. 93430 – cayucosseniors.org

Open Mondays through Saturdays 10am to 4pm

A Message from your President Adrian Hurtado

Happy Independence Day, or as most people say, Happy 4th of July. We must never forget what that day represents and those that gave us the right to call this country the United States of America.

The June menu featured Leonard's roast wine-braised beef brisket and roast potato wedges, which was very tender and tasty. Casa de Flores' chef Trevor provided a very flavorful brussel sprout dish with bacon bits, and baker Judy had a delicious cake dessert of which I have forgotten the name but not the flavor. This month the menu will feature our annual July hotdog and hamburger fest.

The Past Presidents and Volunteer lunch recognition award recipients were announced. Congratulations and thank you to Chie Koepke, Virginia Eidson, and Ray Guillen.

Senior Club elections will be held in August. Nominations are currently being accepted for the executive board offices. If you have an interest, let Betsy Watts, Sherry Shepherd, or Jean Hurtado know.

We added three new members in May. Welcome to Jan Meslin, Gaylyn Anderson, and Sue Whitten, who is also a lifetime member.

July 4th events include:

Sand Sculpture contest 7:00 a.m.

Front Street Fair 8:00 a.m.

Annual parade 10:00 a.m.

Bingo in the tent 1:00 - 4:00 p.m.

Fireworks off the pier 9:00 p.m.

7/5 - Lioness Pancake breakfast 8:00-11:00 a.m.

7/5, 12, 19, 26 - Farmer's Market from 10:00 a.m. to 12:30 p.m. at Ocean and D Street

7/20 - First moon landing in 1969

Have a great month and see you on July 10.

Adrian

A Message from your Vice President Jerald Dobyms

Big events are waiting for us on July 4th. The 4th of July parade on Thursday as well as the Lioness Bingo in the Vet's Hall Tent. Also stop by after the parade and have lunch put on by the Lions Club. The Lioness pancake breakfast on Friday, July 5. All in all fun days.

Nathan Clay entertained us last month by playing some great oldies including several tunes from the Moody Blues. He will be invited again soon. This month our entertainment will be by Tim Jackson. I discovered him at Harmony Cellars Winery a couple of years ago. His repertoire is 60's and 70's tunes.

A big thank you to Leonard Cicerello and the kitchen crew for a delicious brisket and sides, and Casa De Flores for their dishes. And, of course, thank yous also to the servers and Karen Rivas and Janet Arnold for their great work bar tending. We could not do these potlucks without all this help. Your Vice President appreciates you.

Ray Hedges won the 50/50 drawing of \$80. Congratulations Ray and Mary. The attendance drawing of \$125 was won by Terri Gagne who also won a door prize. Congratulations to lucky Terry. This month attendance price will be \$100.

I will see you all on Wednesday, July 10th for our next potluck and general meeting. Happy 4th everyone.

Jerry

July Birthdays

Sherry Shepard	July 5
Bruce Beck	July 7
Ian Erickson	July 8
David Riester	July 10
Jim Cox	July 10
Kate Larson	July 14
Lena Minetti	Jul 18
Julius Royal	July 19
Janet Arnold	July 22
Evelyn Dabritz	July 25
Georgia McCarthy	July 25
Glenda Jean Boatman	July 26
Sue Vondrashek	July 29
Judy Salamacha	July 30

Joyan's Sunshine Report

Sympathy card sent to
Son of Tom Mitchel

Monthly Senior Luncheon

-2nd Wed. every month at Vet's Hall Tent

-Social time 11:30 – Noon, Lunch at Noon

All members are invited. Main course is provided by the Senior Luncheon Committee. All other members attending are asked to bring either a side dish or dessert for approx. 6 – 8 people. No need to bring serving utensils. **Each attending member is asked to donate \$1.00** in the basket on the table. Please bring your own table setting (plate and utensils). Wine, soft drinks and water are available – donations please.

Entertainment – great music from gifted local talent.

Attendance drawing – each month we draw a member's name and if present they win a monetary prize. If drawn member is not in attendance, that person's name is put back into the container and the next month \$25 is added until there is a winner. Each paid up member's name is in the container.

50/50 drawing – tickets may be purchased at the door. Always an exciting moment to gain have the chance to win money.

Door Prizes – Each attendee receives a ticket for a door prize. Tickets are drawn after the entertainment.

Last Table at the January Potluck

These persons will go first in February:
Ardeth Bradley, Nan Clark, Louise Topper,
Rosa and Volkmar Metzler.

We Support these Causes:

Scholarships for local students
Foodbank for Cayucos – monthly donation
Hospice of SLO County
Wounded Warriors
Cayucos Land Conservancy
Senior Volunteer Services
Cayucos Education Foundation
The Salvation Army
Monthly luncheon for Cayucos Seniors
Other causes on a case by case basis

Cayucos Seniors Website

Our club's website has been updated to include copies of the monthly newsletter and a collection of pictures with captions from our potluck luncheons. Go to www.cayucoseniors.org and select *newsletter* at the top of the screen.

June 2019 Cayucos Senior Luncheon



June Birthdays - Helen Rainville and Mary Whelen from Casa de Flores, David Dabritz and Bill Mangan



Margie Schey and Norwetta Cook, guests of Lou LaHargove



Sharon Limb and Cathy Jacques, guests of Sue and Tom Jasper



Logan Sadler, youngest grandson and guest of Terri Gagne



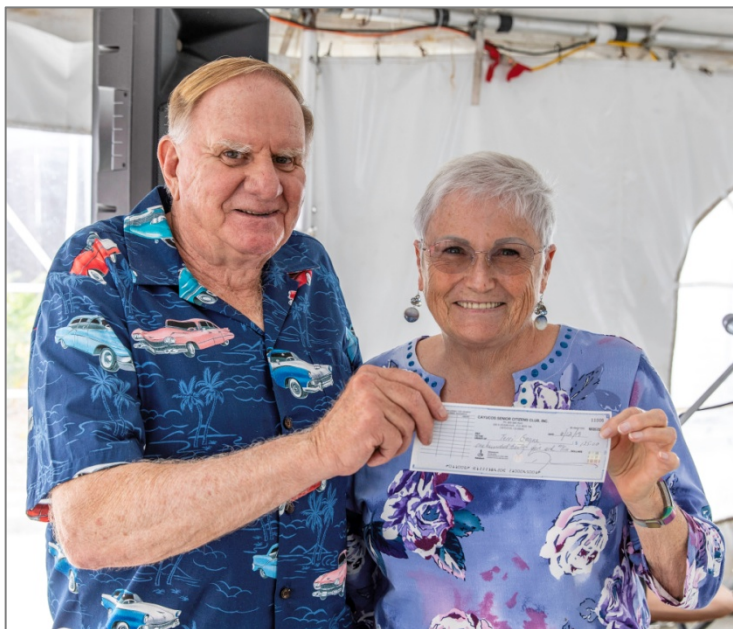
Al Piotrowski with guest and now new member Phil Rector - Welcome Phil



Dave Dabritz who turns 90 years young, receives lifetime membership badge



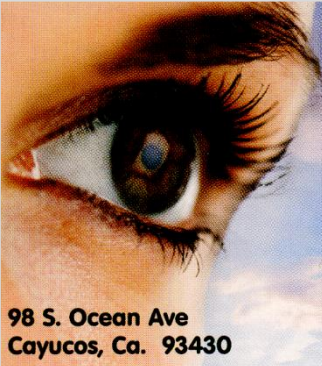
Nathan Clay gives an outstanding vocal performance singing classic rock tunes from the 60s including several from the Moody Blues



Terri Gagne wins \$125 membership drawing. Later she wins Lunada \$50 gift certificate! Terri claims the money will come in handy to feed her grandson.



Mary Hedges wins \$80 in the 50-50 drawing



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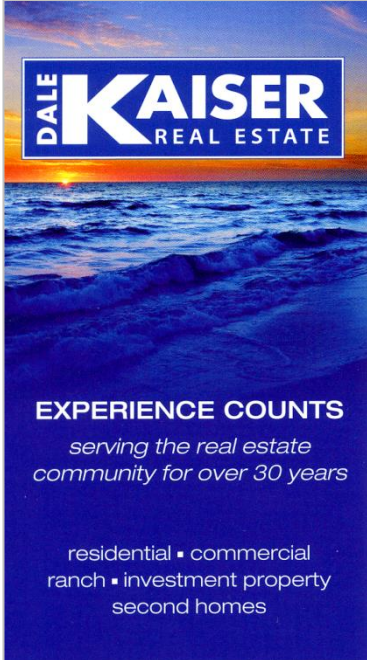


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HAS AN APPOINTMENT ON

MON. TUES. WED. THUR. FRI. SAT.

DATE _____ AT _____ A.M.
P.M.

TERRY F. MOORE, D.D.S.

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Adrian Hurtado presents well deserved Cayucos Seniors Service Recognition Awards to Virginia Edison, Chie Koepke and Ray Guillen ... well done!



Members enjoy dancing to the great music of Judith and the Jazz Krewe

Left: Senior Recognition luncheon. Virginia Eidson, Chie Koepke and Ray Guillen received recognition awards. Congratulations.

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JULY HAPPENINGS

Farmers Market starts every Friday from 10am – 12:30pm

July 4th:

7:00am	Sand sculpture contest
8:00am	Front Street fair
10:00am	Annual Parade
1pm – 4pm	Bingo at Vet's Hall Tent
9:00pm	Fireworks off the pier

July 5:

8am – 11am	Lioness pancake breakfast
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July 20

First moon landing in 1969