

## *Cayucos Senior Center and Thrift Shop*

200 Ocean Avenue, Cayucos, Ca. 93430 – cayucosseniors.org

Open Mondays through Saturdays 10am to 4pm

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### **A Message from your President**

**Adrian Hurtado**

*Happy 46th Anniversary to the Cayucos Seniors Club. We are still here and going strong.*

In August we held our annual officer election at the monthly luncheon/general meeting and the installation of officers will be held in September.

#### Officers for the fiscal year are:

President    Adrian Hurtado  
1st VP        Jerry Dobyns  
2nd VP        Janet Arnold  
Secretary    Sherry Shepherd  
Treasurer    Deborah Way

The August meeting was a luau themed get together, and the fare consisted of Janet Arnold's Kalua pulled pork and coconut rice. Casa de Flores provided Hawaiian rolls, Hawaiian slaw, and a cobbler. Thank you Trevor and Judy for always adding wonderful dishes to our lunch menu. This month, one of my personal favorites of meat loaf and mashed potatoes will be the main entree, with Jim Cox at the helm.

We appreciate all our Casa visitors, and in August we gave a resounding congratulations and happy birthday to Ida Belle of Casa de Flores, who turned 108 on August 24.

Sue Whitten has volunteered to restart the Over 90s group for planned outings and will be touching base with all of our nonagenarians. Meredith Bates is a new member and heads up the Rovers group at the Morro Bay seniors and will be looking to include Cayucos seniors in future outings.

The Cayucos Farmers Market will close after Labor Day weekend. It has been great having them at the corner of D Street and Ocean Avenue all summer long.

Have a great month and see you September 11 in the Vets tent at 12:00 noon for our anniversary celebration. Adrian

### **A Message from your Vice President**

**Jerald Dobyns**

Here we are in September. I can't believe this year is ¾ done – where does the time go! It goes way to fast when you are retired. The next few months will be some of the best here on the Central Coast.

Thank you Janet Arnold for the tasty pulled pork and rice. The same goes to Casa de Flores and everyone else who brought delicious side dishes, the kitchen crew and servers, and Karen Rivas, Connie Cox and Janet Arnold for tending bar. We celebrated Hawaiian Day and most people dressed in Hawaiian clothing.

Our entertainers last month was Jim Conroy and Bruce Beck who played great tunes everyone enjoyed. Jim and Bruce are part of a sixties group "The Rising Sun" and are some of our favorite entertainers. Next month Marcus DiMaggio will be the entertainer, he also plays great tunes.

Della Carrillo won the 50/50 drawing of \$103. Congratulations Della. Carole Toerge's name as pulled for the attendance drawing of \$125. She was not in attendance – sorry Carole. This months attendance drawing will be \$150.

Claudia and I will be on vacation in Oregon in September and Janet Arnold will take my place for the newsletter article.

See you all at the Potluck on Wednesday, September 11.

Jerry

## *September Birthdays*

Lou Lahargoue	Sept. 1
Lee Arnold	Sept. 2
Elaine Slater	Sept. 8
Dinah Piwowarski	Sept. 10
Sue Jasper	Sept. 11
Janice Masilun	Sept. 12
Mary Hedges	Sept. 16
Ron Clark	Sept. 16
Kathy Boyte	Sept. 19
Sherry Sims	Sept. 20
Willadean Borchard	Sept. 21
Joyan Svancara	Sept. 23
Vera Wallen	Sept. 24
Phil Rector	Sept. 25
LaVerne Smith	Sept. 27

## *Joyan's Sunshine Report*

### **Get Well Card sent to**

Betsy Guillen

### **Thinking of you Card sent to:**

Marilyn Rodgers

## *Monthly Senior Luncheon*

-2<sup>nd</sup> Wed. every month at Vet's Hall Tent

-Social time 11:30 – Noon, Lunch at Noon

All members are invited. Main course is provided by the Senior Luncheon Committee. All other members attending are asked to bring either a side dish or dessert for approx. 6 – 8 people. No need to

bring serving utensils. **Each attending member is asked to donate \$1.00** in the basket on the table. Please bring your own table setting (plate and utensils). Wine, soft drinks and water are available – donations please.

**Entertainment** – great music from gifted local talent.

**Attendance drawing** – each month we draw a member's name and if present they win a monetary prize. If drawn member is not in attendance, that person's name is put back into the container and the next month \$25 is added until there is a winner. Each paid up member's name is in the container.

**50/50 drawing** – tickets may be purchased at the door. Always an exciting moment to gain have the chance to win money.

**Door Prizes** – Each attendee receives a ticket for a door prize. Tickets are drawn after the entertainment.

## *We Support these Causes:*

Scholarships for local students

Foodbank for Cayucos – monthly donation

Hospice of SLO County

Wounded Warriors

Cayucos Land Conservancy

Senior Volunteer Services

Cayucos Education Foundation

The Salvation Army

Monthly luncheon for Cayucos Seniors

Other causes on a case by case basis

## *Cayucos Seniors Website*

Our club's website has been updated to include copies of the monthly newsletter and a collection of pictures with captions from our potluck luncheons. Go to [www.cayucos seniors.org](http://www.cayucos seniors.org) and select *newsletter* at the top of the screen.

# September

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 1pm Tai Chi with Linda, Vet's Hall Tent	3	4	5 Noon - Bridge	6	7
8	9 9am BOARD MEETING 1pm Tai Chi with Linda Vet's Hall Tent	10	11 NOON – POTLUCK Vet's Hall Tent	12 Noon - Bridge	13 Noon – 1pm Booked for Lunch Cayucos Library	14
15	16 1pm Tai Chi with Linda Vet's Hall Tent	17	18	19 Noon - Bridge	20	21
22	23 1pm Tai Chi with Linda Vet's Hall Tent	24	25	26 Noon - Bridge	27	28
29	30 1pm Tai Chi with Linda Vet's Hall Tent					

# August 2019 Cayucos Senior Luncheon



**August Birthdays** -- Ida Belle Shields (turns 108 in August!), and Karen Rivas , Betty Jo Howard, Banks Moore, Al Piotrowski , Louise Topper, and Ray Guillen



**Mary & Ray Hedges, celebrate 62 years of marriage!!**



**Sue & Tom Jasper celebrate 50 years of marriage**



**Jean & Adrian Hurtado celebrate 49 years of marriage**



**Bob & Margaret Ann Bretz celebrate 25 years of marriage**

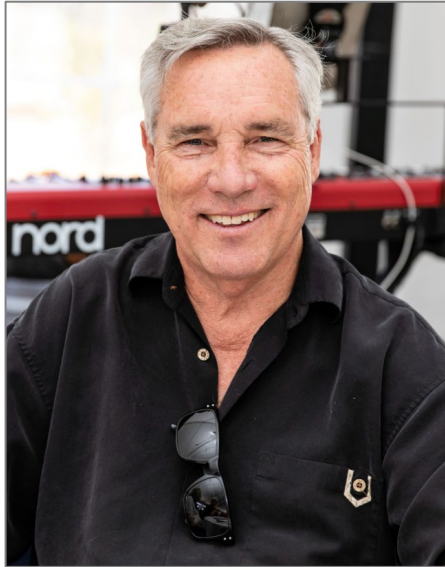


**Keilah Smith from CA Assemblyman Jordan Cunningham's office presents Certificate of Recognition to Senior Club member Breck Smith and to Ingrid Goelz for their leadership and dedicated service to the community**





*Caleb and Austin, grand children of member Mary Lou Loughman*



*Tom Riley, guest of Adrian Hurtado*



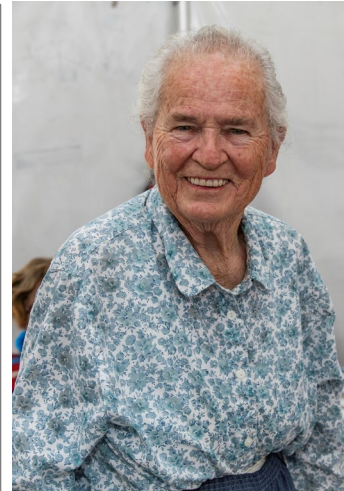
*Norma Federighi, came to check out the club*



*Marshall Moen's guests - brother Randy with his wife Monica*



*Ardeth Bradley with daughter Ann Bradley*



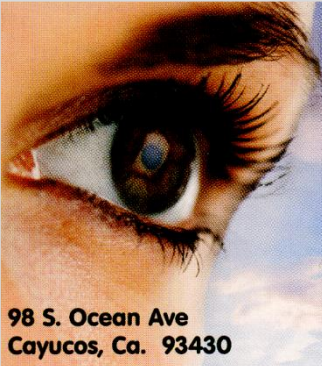
*Sue Whiten – will lead starting over 90's group*



*Betty Jo Howard with new resident of Casa de Flores, Barbara Richardson*



*Della Carrillo wins \$103 in the 50-50 drawing*



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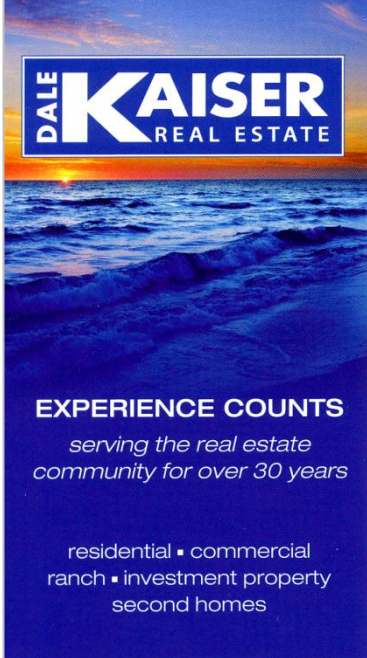


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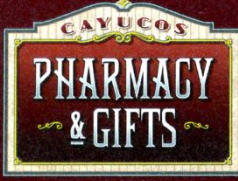


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MON.  TUES.  WED.  THUR.  FRI.  SAT.

DATE \_\_\_\_\_ AT \_\_\_\_\_ A.M.  
P.M.

**TERRY F. MOORE, D.D.S.**

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*A Revived 90<sup>th</sup> Club!!*

Hi! My name is Sue Whitten. I have volunteered to work on reorganizing a group of our Seniors who are at least 90 years of age. After playing cards with Joe White and hearing his accounts of all the fun things his group was doing, I felt a little tinge of envy. Now that I have also reached that age, I want to experience all the fun his group was doing. We hope to have at least one outing a month riding in a van with a volunteer driver. We plan to only be gone a few hours and will often take a lunch or have lunch in a restaurant. For those of you who don't drive, we hope to be able to pick you up at your front door.

A list was given to me of members who are presumed to be in the right age range. I have already been in contact with a number of you, but if you have been missed, please call me at (805) 772 9005 and add your name and phone number. There are no membership fees. Your only cost is for you is for the food you buy and any admission fees at plays or concerts. Transportation is entirely free. **All trips will be on the 4<sup>th</sup> Wednesday of the month** and will probably be during daylight hours.

We should probably give ourselves a good name such as Drifters or Wanderers, so be thinking of a good name. Also be thinking of fun places to go, so that we can plan ahead for a few months.

Many thanks to Margaret Bretz, Membership Chair, for her help in getting this project started, and to Adrian Hurtado for his suggestions, as he was a frequent driver when this group was active before.

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### SEPTEMBER HAPPENINGS

11 September	Patriot Day
13 September	Noon – Booked for Lunch Cayucos Library
17 September	Citizenship Day
23 September	First Day of Autumn
29 September	Rosh Hashanah