

## *Cayucos Senior Center and Thrift Shop*

200 Ocean Avenue, Cayucos, Ca. 93430 – cayucosseniors.org

Open Mondays through Saturdays 10am to 4pm

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### *A Message from your President Adrian Hurtado*

Merry Christmas, Happy Hanukkah and Happy Kwanzaa. I apologize if I missed anyone's particular December Holiday, but the point is, have a great December as we approach 2020.

Ken Kaberline and the kitchen crew supplied an extremely tasty Thanksgiving turkey dinner with all the trimmings in the month of November. Our December menu will be ham and scalloped potatoes with chef Jim Watts taking the lead.

Sue Whitten and the Over 90s group will be changing the outing date in December due to the fourth Wednesday being Christmas Day. It will probably be the third Thursday, as it was in November. I will announce at the luncheon.

The Crustacea Jazz Band provided some lively tunes at our luncheon. Mystery Brothers Jim Conroy and Bruce Beck will entertain us at our December lunch meeting.

There was no winner of the attendance drawing of \$200. It rises to \$225. Rosa Metzler took home the \$86 50/50 prize. Congratulations.

*See the back page for upcoming events in Cayucos.*

I want to let you all know how much I enjoy being the Seniors president. My job is made easy because I have a great board of supervisors to keep me in line. As another year comes to an end, I want to thank them all for the continued support. Let's keep the good times going in 2020.

Have a great month and see you on December 11 in the Vet's tent at 12noon ham.

Adrian

### *A Message from your VP Gerald Dobyms*

Merry Christmas everyone. It's that time of year to celebrate with family and friends and to worship our lord and savior Jesus. On Saturday, December 7<sup>th</sup> come and enjoy Christmas in downtown Cayucos from 5-8 PM. This is always a fun time for everyone.

I want to thank Ken Kaberline and John Edell for their great work on our traditional Thanksgiving meal of Turkey and all the sides. Also thanks to all of the other kitchen crew that worked so hard to prepared his feast. We were short some of the normal help as a few went to Branson, Missouri for a mini vacation. We missed them but managed without them.

Our entertainment last month was Anne Abler & Crustacea Jazz Band. Anne and her group are always fun to listen to. This month we will have Jim Conroy and Bruce Beck of the Rising Sons. They are one of our favorites to entertain us.

The 50/50 drawing of \$86 was won by Rosa Metzler. Congratulations Rosa. Bill Ayers' name was pulled for the attendance drawing of \$200. He was not in attendance. Sorry Bill. This month's attendance drawing will be \$225.

Everyone be safe and enjoy this special holiday. See you on Wednesday December 11 for our net potluck and general meeting.

Jerry

## *December Birthdays*

Bob Bretz	Dec. 2
Judith Luft	Dec. 7
Gertrude Cannon	Dec. 8
Linda Brause	Dec. 8
Jack von Werner	Dec. 9
Eleanore Molnar	Dec. 11
Carole Toerge	Dec. 13
Jean Hurtado	Dec. 15
Hector Montenegro	Dec. 18
Darlene Mann	Dec. 19
Jamie Palmer	Dec. 20
Ray Hedges	Dec. 21
Kenneth Kaberline	Dec. 22
Mark Kniffen	Dec. 23
Patty Frawley	Dec. 25
Jennie Aldrich	Dec. 28
Suzane King	Dec. 28
Adrian Hurtado	Dec. 30

## *Laurie's Sunshine Report*

All members were well in November.

## *Monthly Senior Luncheon*

-2<sup>nd</sup> Wed. every month at Vet's Hall Tent

-Social time 11:30 – Noon, Lunch at Noon

All members are invited. Main course is provided by the Senior Luncheon Committee. All other members attending are asked to bring either a side dish or dessert for approx. 6 – 8 people. No need to

bring serving utensils. **Each attending member is asked to donate \$1.00** in the basket on the table. Please bring your own table setting (plate and utensils). Wine, soft drinks and water are available – donations please.

**Entertainment** – great music from gifted local talent.

**Attendance drawing** – each month we draw a member's name and if present they win a monetary prize. If drawn member is not in attendance, that person's name is put back into the container and the next month \$25 is added until there is a winner. Each paid up member's name is in the container.

**50/50 drawing** – tickets may be purchased at the door. Always an exciting moment to gain have the chance to win money.

**Door Prizes** – Each attendee receives a ticket for a door prize. Tickets are drawn after the entertainment.

## *We Support these Causes:*

Scholarships for local students

Foodbank for Cayucos – monthly donation

Hospice of SLO County

Wounded Warriors

Cayucos Land Conservancy

Senior Volunteer Services

Cayucos Education Foundation

The Salvation Army

Monthly luncheon for Cayucos Seniors

Other causes on a case by case basis

## *Cayucos Seniors Website*

Our club's website has been updated to include copies of the monthly newsletter and a collection of pictures with captions from our potluck luncheons. Go to [www.cayucos seniors.org](http://www.cayucos seniors.org) and select *newsletter* at the top of the screen.



# November 2019 Cayucos Senior Luncheon



*November Birthday – Ann Fitzgerald*



*Crustacea Jazz Band delivers a great performance*



*Member Donna Clark with daughter Brenda Loucks*



*Jean Hurtado, Della Carrillo and Donna Clark serve a TASTY Thanksgiving meal*



*Rosa Metzler wins \$86 dollars in the 50/50 drawing*



*Dr. Glenn Olker, CLC President, gives an update on Toro Coast Preservation of Chevron Property*

# December

# 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 1pm Tai Chi with Linda Vet's Hall tent	3	4	5 Noon - Bridge	6	7
8 Christmas Tree Lighting 5pm - Ocean & D Street	9 9am BOARD MEETING 1PM Tai Chi with Linda Vet's Hall Tent	10	11 11:30AM POTLUCK Vet's Hall Tent	12 Noon - Bridge	13 Noon - 1pm "Booked for lunch" Cayucos Library	14 5pm - 8pm Christmas in Cayucos Downtown
15	16 1pm Tai Chi with Linda Vet's hall Tent	17	18	19 Noon - Bridge	20	21
22	23 1pm Tai Chi with Linda Vet's Hall tent	24 Christmas Eve	25 Christmas Day	26 Noon - Bridge	27	28
29	30 1pm Tai Chi with Linda Vet's Hall tent	31				





Can you tell where this photo was taken?

## Yosemite Meditations

It is this belief in a power larger than myself and other than myself which allows me to venture into the unknown and even the unknowable.

*Maya Angelou*

Whenever you go somewhere that speaks to your soul, you are going home to yourself.

*Martha Beck*

... anything's possible if you've got enough nerve.

*J.K. Rowling*

If the sight of the blue skies fills you with joy, if a blade of grass springing up in the fields has power to move you, if the simple things of nature have a message that you understand, rejoice, for your soil is alive

*Eleonora Duse*

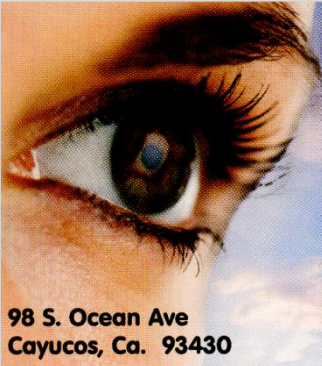
A human mind is small when thinking of small things.

It is large when embracing the maker of walking, thinking and flying.

*Joy Harjo*

We ourselves feel that what we are doing is just a drop in the ocean. But the ocean would be less because of that missing drop.

*Mother Teresa*



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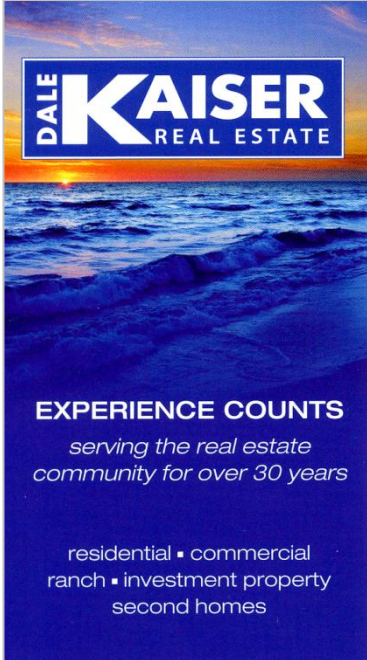


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HAS AN APPOINTMENT ON

MON.  TUES.  WED.  THUR.  FRI.  SAT.

DATE \_\_\_\_\_ AT \_\_\_\_\_ A.M.  
P.M.

**TERRY F. MOORE, D.D.S.**

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*A Message from Membership Chair Margaret Ann Bretz*

2020 dues are \$10.00 per year per member. Lifetime membership is \$100 per member or free when a member reaches 90 years of age. If you are a member that will reach 90 years young in 2020, please call the center at 805, 995-3543 and tell the front desk volunteer your name and that you will be turning 90 in the year 2020.

Dues are due by January 1, 2020 and will be past due after January 31. Members must pay their dues by January 31<sup>st</sup> to be eligible for the attendance drawing at our monthly luncheons and to receive a monthly newsletter.

Dues can be paid at our Thrift Store at 200 Ocean Avenue or be mailed to Cayucos Senior Club, P.O.Box 134, Cayucos, Ca.93430. I will also have a table at our December and January Potlucks.

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*December Events in Cayucos:*

December 8	Christmas Tree Lighting
December 10	Property Taxes due
December 14	Christmas in Cayucos
December 24	Christmas Eve
December 25	Christmas Day
January 1, 20	40 <sup>th</sup> annual Carlin Soule polar bear d