

Cayucos Senior Center and Thrift Shop

200 Ocean Avenue, Cayucos, Ca. 93430 – cayucosseniors.org

Open Mondays through Saturdays 10am to 4pm

A Message from your President Adrian Hurtado

HAPPY NEW YEAR and DECADE!!
When I was a kid and realized I would be 52 in the year 2000, I thought I would either be old and decrepit or dead. I am happy to say that 20 years beyond 2000, I am still alive and kicking.

Jim Watts and the crew fixed up a nice Christmas ham for us in December. Trevor and Judy of Casa de Flores provided scalloped potatoes and banana cake. January is our halibut feast provided by Mimi and Wayne and Wayne's daughter. Jim Cox will also prepare a chicken side dish.

Please take note of the baskets on the tables. I mentioned last month that our tent rent increased from \$180 per month to \$250 on January, so your donations help with that and paying for the entertainers and the purchase of food.

The Over 90's group will be back on track for an outing on the fourth Wednesday this month. Contact Sue Whitten or the senior center for destination and time information,

Jim Conroy and Bruce Beck entertained us with some nice mellow songs and Christmas tunes. This month, Marcus DiMaggio and his guitar return to provide our musical entertainment.

With no attendance winner again in December, the pot rises to \$250. Fred Smit won the \$90 50/50 prize, but his wife LaVerne claimed the winnings. Congratulations Fred, I think.

Have a great month and see you on January 8, 2020 in the Vet's Hall tent at 12noon.

Adrian,

Upcoming events in Cayucos are listed on the back page.

A Message from your 2nd VP Janet Arnold

We have said goodbye to the past year and have welcomed in a new one, 2020. I am wishing you all a very happy, healthy and prosperous new year. May all your dreams, desires and wishes come true.

The hustle and bustle of e Christmas, Hanukkah and Kwanzaa seasons have passed, and it is time to relax and enjoy all the treasures Cayucos and the Central Coast have to offer. Take time from your busy lives to "stop and smell the roses".

The December senior potluck was excellent as usual. The ham and scalloped potatoes were delicious, as well as the ones provided by Casa de Flores. Many thanks to all attendees who provided their special dishes for everyone to enjoy. The kitchen crew, headed by Jim Watts, also deserves big thank you for their efforts in providing a great meal. To complete a most enjoyable day, The Rising Sons provided our entertainment. Jim Conroy, Bruce Beck and Randy Johnson, who was visiting from Minnesota, had our group singing along and tapping their feet to some of our favorite songs.

Frank and LaVerne Smith won the 50/50 drawing of \$90. I believe Fred held the winning ticket, but I noticed LaVerne was quick to collect the money. Isn't that typical in every marriage! The attendance drawing went unclaimed again as Paula Hollis was not present. Too bad Paula, but some lucky winner may claim \$250 at the next potluck.

I am writing this article as your First VP Jerry Dobyms and his wife Claudia were unable to attend the last meeting as they did not want to share their germs with everyone. I do hope you are both well on the road to recovery.

I hope everyone celebrated the start of 2020 in a safe and sane manner and look forward to seeing so many of you at the next meeting and potluck on January 8th. Janet

January Birthdays

Pat Mehan	Jan. 5
John Vondrashek	Jan. 6
Terri Gagne	Jan. 9
Tom Pierce	Jan. 10
Pat Moon	Jan. 11
Tom Jasper	Jan. 13
Volkmar Metzler	Jan. 14
Ardeth Bradley	Jan. 20
Loretta Scholfield	Jan. 20
Judy Ellis	Jan. 22
Fred Smith	Jan. 23
Ron Boyte	Jan. 23
Claudia Johnson	Jan. 26
Verna Knapp	Jan. 29
Carla Cicerello	Jan. 30

Laurie's Sunshine Report

Sympathy card sent to
Family of David Dabritz

Monthly Senior Luncheon

-2nd Wed. every month at Vet's Hall Tent

-Social time 11:30 – Noon, Lunch at Noon

All members are invited. Main course is provided by the Senior Luncheon Committee. All other members attending are asked to bring either a side dish or dessert for approx. 6 – 8 people. No need to bring serving utensils. Each attending member is asked to donate \$1.00 in the basket on the table. Please bring your own table setting (plate and utensils). Wine, soft

drinks and water are available – donations please.

Entertainment – great music from gifted local talent.

Attendance drawing – each month we draw a member's name and if present they win a monetary prize. If drawn member is not in attendance, that person's name is put back into the container and the next month \$25 is added until there is a winner. Each paid up member's name is in the container.

50/50 drawing – tickets may be purchased at the door. Always an exciting moment to gain have the chance to win money.

Door Prizes – Each attendee receives a ticket for a door prize. Tickets are drawn after the entertainment.

We Support these Causes:

Scholarships for local students
Foodbank for Cayucos – monthly donation
Hospice of SLO County
Wounded Warriors
Cayucos Land Conservancy
Senior Volunteer Services
Cayucos Education Foundation
The Salvation Army
Monthly luncheon for Cayucos Seniors
Other causes on a case by case basis

Cayucos Seniors Website

Our club's website has been updated to include copies of the monthly newsletter and a collection of pictures with captions from our potluck luncheons. Go to www.cayucoseniors.org and select *newsletter* at the top of the screen.

January

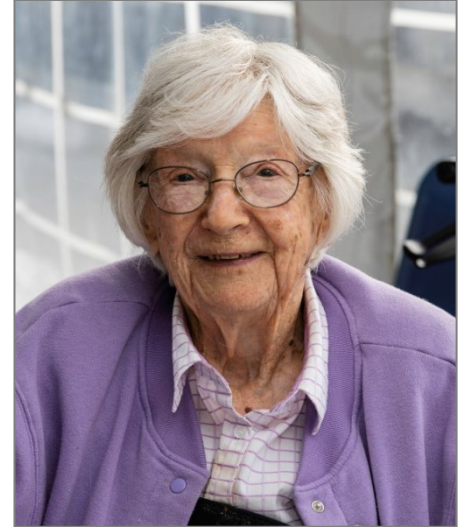
2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <i>Happy New Year</i>	2 Noon - Bridge	3	4
5	6 9am BOARD MEETING 1PM Tai Chi Chih with Linda – Vet's Hall Tent	7	8 11:30am POTLUCK Vet's Hall Tent	9 Noon - Bridge	10 Noon – 1pm "Booked for lunch" Cayucos Library	11
12	13 1pm Tai Chi Chih with Linda – Vet's hall Tent	14	15	16 Noon - Bridge	17	18
19	20 1pm Tai Chi Chih with Linda – Vet's Hall Tent	21	22	23 Noon - Bridge	24	25
26	27 1pm Tai Chi Chih with Linda – Vet's Hall Tent	28	29	30 Noon - Bridge	31	

December 2019 Cayucos Senior Luncheon



December Birthdays – Adrian Hurtado, Ken Kaberline, Bob Bretz, Jean Hurtado, Ray Hedges, and Suzanne King



Catherine Reitz from Casa De Flores celebrates 99th birthday in December



Santa's helper Breck Smith carves wooden figures including Kermit the Frog that he will later paint



Pat and Dick Moon celebrate 30 years of wedded bliss



Carol Lowry and Al Piotrowski receive lifetime membership badges



Bruce Beck and Jim Conroy of The Mystery Brothers are joined by Randy Johnson; they delivered a great Holiday luncheon performance



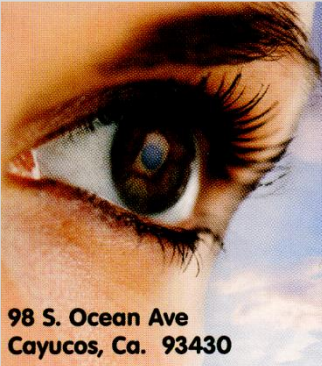
Pat Moon, Della Carrillo & Dick Moon serve yummy ham and scalloped potatoes



Ray Guillen and Janet Arnold dance to the music of The Mystery Brothers



Lavern Smith receives \$90 in 50-50 drawing for her husband Fred



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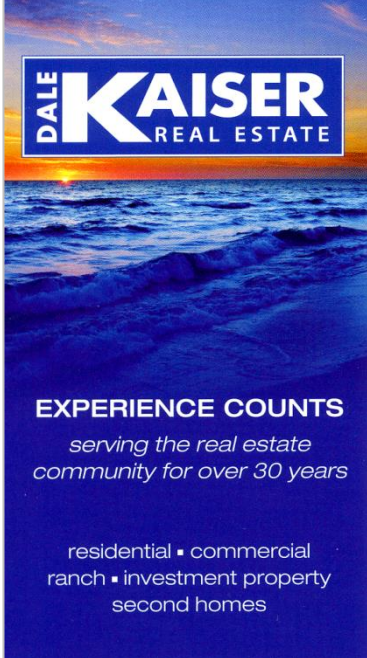


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HAS AN APPOINTMENT ON

MON. TUES. WED. THUR. FRI. SAT.

DATE _____ AT _____ A.M.
P.M.

TERRY F. MOORE, D.D.S.

176 N. OCEAN AVE. TELEPHONE
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BROKEN WITHOUT 24 HOURS NOTICE.



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*Our own **Fred Smith** was featured on the front page of the Estero Bay News, Dec.19 – Jan. 15, 2020 edition. It pays tribute to his and LaVerne's life on the occasion of his **100th birthday**. Congratulations Fred.*

A Message from Membership Chair Margaret Ann Bretz

2020 dues are \$10.00 per year per member. Lifetime membership is \$100 per member or free when a member reaches 90 years of age. If you are a member that will reach 90 years young in 2020, please call the center at 805, 995-3543 and tell the front desk volunteer your name and that you will be turning 90 in the year 2020.

Dues are due by January 1, 2020 and will be past due after January 31. Members must pay their dues by January 31st to be eligible for the attendance drawing at our monthly luncheons and to receive a monthly newsletter.

Dues can be paid at our Thrift Store at 200 Ocean Avenue or be mailed to Cayucos Senior Club, P.O.Box 134, Cayucos, Ca.93430. I will also have a table at our December and January Potlucks.

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JANUARY 2020 HAPPENINGS:

January 1 – 40th annual Carlin Soule Polar Bear Dip at noon

January 20 – Martin Luther King holiday observance

January 25 – Lunar New Year (Year of the Rat)

TBA – Annual Cayucos Wine and Food Festival

Ongoing – Cayucos Community Art Gallery