

Cayucos Senior Center and Thrift Shop

200 Ocean Avenue, Cayucos, Ca. 93430 – cayucosseniors.org

Open Mondays through Saturdays 10am to 4pm

A Message from your President

Adrian Hurtado

Happy St. Patrick's Day! Happy first day of Spring, or should I say, Happy Vernal Equinox!

Jim Cox and crew fixed up mushroom chicken with rice for our February fare, Casa de Flores provided a spinach salad with warm bacon dressing, and of course, all of you provided wonderful side dishes. All in all, it was a great meal. This month, Ken Kaberline will prepare our annual traditional dish of corned beef and cabbage.

The Over 90s group went to lunch at the Apple Farm and then toured and shopped the premises. Outings are planned for the fourth Wednesday of every month. Contact Sue Whitten or the Senior Center for destination and time information.

Charlie Baker of Ojai was our entertainer and provided a melodious fare of songs we knew and some he wrote himself. I, for one, hope he will return one day for an encore performance. This month, Andy Scott returns to provide our musical entertainment.

Marshall Moens missed the attendance drawing pot of \$275, so this month it will be a nice round \$300. Tom Jasper won the 50-50 prize of \$87. Congratulations Tom and condolences Marshall.

March events include:

- 3 - Primary elections
- 8 - Daylight Saving Time (spring forward)
- 17 - St. Patrick's Day
- 19 - First day of Spring
- 29 - Vietnam Veterans' Day

Have a great month and see you on March 11, 2020, in the Vets tent at 12:00 noon. Adrian

A Message from your VP

Gerald Dobyms

Welcome to March, another month in our beautiful Cayucos. We have St. Patrick's Day and the Sea Glass Festival on March 14th and 15th. So, get out and enjoy this beautiful weather.

Thank you, Jim Cox, for the great chicken dish and rise he prepared last month. Thank you also to kitchen crew for another great meal. We are so lucky to have such great cooks in our club. This month it will be corned beef and cabbage in honor of St. Patrick's Day.

Our entertainer last month was Charlie Baker from Ojai in Ventura County, my old stomping grounds. He played some Neil Young and other great tunes from the sixties. We all liked his tune by the Eagles "take it easy". He will have to be back. Our entertainment this month will be Andy Scott who plays a lot of tunes we can dance to. So, if you like to dance come out and listen and dance to Andy's music.

Marshall Moens name was called for the attendance drawing of \$275. He was not in attendance – sorry Marshall. This month attendance drawing will be \$300. The 50/50 drawing was won by Tom Jasper for \$87. Congratulations Tom.

Have a great March everyone and we will see you at the potluck and general meeting on Wednesday, March 11.

Jerry.

March Birthdays

| | |
|--------------------|----------|
| Evelyn Galaudet | March 1 |
| Betzy Guillen | March 7 |
| Brad Bates | March 8 |
| Stanley Piwowarski | March 8 |
| Chie Koepke | March 12 |
| Mariene Erickson | March 14 |
| Nancy Hansen | March 15 |
| Barbara Erdman | March 23 |
| Craig Bell | March 24 |
| Mary Bettencourt | March 29 |
| Rosa Metzler | March 29 |
| Wayne Huston | March 29 |
| Mark Raven | March 30 |
| Owen Rose | March 30 |

Laurie's Sunshine Report

Sympathy Cards were sent to:

Family of Willadean Borchard

Family of Jack Monson

Family of Lena Minetti

I am the new Sunshine Chair. But I can only report on our members health if I know if they are ill, recovering from an illness, or if someone has passed. So please, call me at 805, 995-0910 to let me know. Thank you. Laurie Niblock

We support these Causes:

Scholarships for local students
Foodbank for Cayucos – monthly donation
Hospice of SLO County
Wounded Warriors
Cayucos Land Conservancy
Senior Volunteer Services
Cayucos Education Foundation
The Salvation Army
Monthly luncheon for Cayucos Seniors
Other causes on a case by case basis.

We ourselves feel that what we are doing

Is just a drop in the ocean.

But the ocean would be less because of

That missing drop. Mother Teresa

If we make our goal to live a life of

Compassion and unconditional love,

then the world will indeed become

a garden where all kinds of flowers

can bloom and grow.

Elisabeth Kuebler Ross

March

2020

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|----------------------------------|--|---|--------------------------------------|--|
| 1 | 2 | 3 | 4 | 5 | 6 Noon - Bridge | 7 |
| 8 | 9 9am BOARD MEETING 1PM Tai Chi Chih with Linda, Vet's Hall Tent | 10 | 11 11:30AM POTLUCK Vet's Hall Tent | 12 | 13 Noon - Bridge | 14 Sea Glass Festival 10am - 5pm |
| 15 Sea Glass Festival 10am - 4pm | 16 1pm Tai Chi Chih with Linda, Vet's Hall Tent | 17 HAPPY ST. PATRICK'S DAY | 18 | 19 | 20 Noon - Bridge Spring begins | 21 |
| 22 | 23 1pm Tai Chi Chih with Linda - Vet's Hall Tent | 24 | 25 | 26 | 27 Noon - Bridge | 28 |
| 29 | 30 1pm Tai Chi Chih with Linda - Vet's Hall Tent | 31 | |  | | |

February 2020 Cayucos Senior Luncheon



February Birthdays – Mary Lou Loughman and Sandra Stegner



Evelyn Dabritz receives lifetime membership



New Member – Brenda Hansen



Carol Lowry receives lifetime membership



Kelly Rodgers, daughter and guest of Marilyn Rodgers



Charlie Baker gave a great performance



Tom Jasper wins \$87 in 50-50 drawing



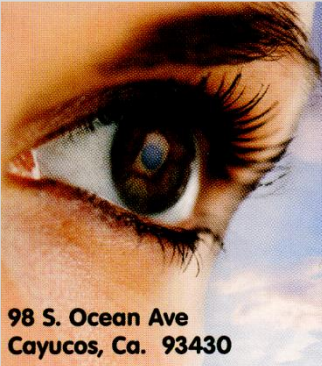
Janet Arnold with guest, Steve



Jim & Betsy Watts



Darlene & Ken Kaberline and Pat and Dick Moon



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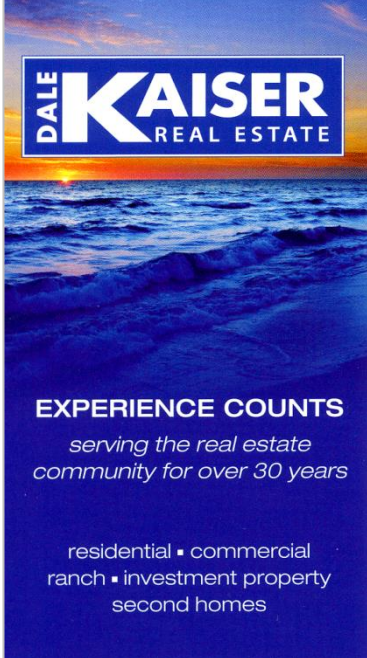


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HAS AN APPOINTMENT ON

MON. TUES. WED. THUR. FRI. SAT.

DATE _____ AT _____ A.M.
P.M.

TERRY F. MOORE, D.D.S.

176 N. OCEAN AVE. TELEPHONE
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Events at your local Cayucos Library, 310 B Street (across from the pool)

Let's Talk!

Join us for a TED Talk viewing or a guest speaker and engage in lively conversation! Meets the fourth Friday of each month at 1:00 – 2:00PM.

Booked for Lunch

Join other book enthusiasts to talk about what you've read or listened to this past month and put in a good word for your favorite books both old and new. We meet at the Cayucos Library on the 2nd Friday of each month from 12:00PM – 1:00PM. Bring your lunch.

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MARCH 2020 HAPPENINGS:

| | |
|---------------|--|
| March 14 + 15 | Sea Glass Festival – Vet’s Hall Tent Sat. 10am – 5pm Sun. 10am – 4pm |
| March 17 | St. Patrick’s Day |
| March 20 | Beginning of Spring |